

# LAGUNA BEACH HIGH SCHOOL ATHLETICS

## SO YOU WANT TO PLAY A SPORT @ LBHS

### Athletic Participation Packet/Blue Card

#### **Please read carefully:**

Each student interested in participation in sports at LBHS will need to complete a sports packet and have it on file into the Athletic Office. There are 7 parts to the packet and all must be completed in order to get a **BLUE CARD**. A **BLUE CARD** is necessary to try out or participate with a team. No student athlete will be allowed to try out or participate without a **BLUE CARD** after the official CIF start date for a sport. The packet is good for the entire school year, but students must get a **BLUE CARD** in the athletic office each time they switch to a new sport.

#### **ATHLETIC PARTICIPATION PACKET (7 Parts):**

- **Athletic Physical and Clearance Forms (4 forms), THIS MUST BE DONE ANNUALLY:** The front page of the physical form must be completed and signed by the parent. The clearance form requires 2 signatures and needs to be completed in all areas.
- **Copy of Current Medical Insurance Card: (CIF REQUIREMENT):** All students must have health insurance in order to participate in athletics. School insurance is available at a minimal cost. Contact the athletic office for school insurance forms.
- Completed **Code of Conduct form:** Requires parent and student signatures.
- **Transportation Form:** LBUSD provides basic transportation for the student athlete. However, should there be an exception to a student using LBUSD transportation a student waiver form must be on file in the athletic office. This allows a student athlete to travel with his/her parent/guardian only (no deviations) from an athletic event.
- **Satisfy Academic Requirements:** Grades will be verified by the Athletic Office. A student must have at least a 2.0 GPA and pass at least 20 units in the most recent grading period. All students, with the exception of seniors, must be enrolled in at least 6 subjects.
- **Uniforms:** All uniforms from past sports must be returned. Uniforms that have not been returned will be billed to the student/parent for the cost of the replacement.

#### **BLUE CARDS:**

The athletic office issues a **NEW BLUE CARD** for each sport season.

The **BLUE CARD** is issued to verify health insurance, academic eligibility, transportation, clearance, code of conduct, and returned uniforms.

**BLUE CARDS** must be presented to the coach the first day of official practice or tryouts.

**YOU ARE NOT ALLOWED TO PARTICIPATE WITHOUT A BLUE CARD.**

Athletic packets are available either in the front Office or the Athletic Office during the hours of 9:00 a.m. and 3:00 p.m.; packets are also available on line at [lagunabeachschools.org](http://lagunabeachschools.org), under our High School and then under sports forms.

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